### Facts about Spina Bifida

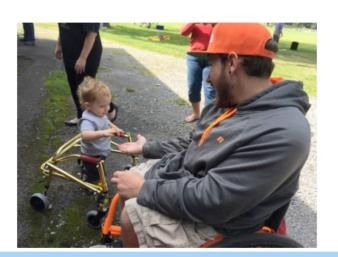
- · It is the most common permanently disabling birth defect in the US.
- · It is known as a "Neural Tube" defect.
- · It occurs during the first month of pregnancy when the spina cord fails to close completely.
- There is no known cause or cure.
- It can cause varying degrees of nerve damage leading to partial paralysis and bowl and bladder complications.
- Every day, about 8 babies born in the US have Spina Bifida or a similar birth defect of the brain and spine.
- 200,000 people are presently living with Spina Bifida in the US.
- Because of today's medicine, about 90% of babies born with Spina Bifida now live to be adults, about 80% have normal intelligence and about 75% play sports and do other fun activities.
- Taking folic acid supplements during child bearing years can reduce the incidence of this birth defect by about 70%



All donations are tax deductible as allowed by law.

Please make checks payable to:

**GRSBA** 





## Greater Rochester Spina Bifida Association

(Family Brochure)



Supporting Families Since 1972

www.GRSBA.org

### The Greater Rochester NY Spina Bifida Association

# Programs and Services

Social Events: Swimming & Bowling

Parties and Summer Picnics

**Scholarships**: To assist with college and/or vocational training costs/fees

**Sunshine Fund**: Help for families and individuals during difficult times

Family Outreach: For information and

referrals

Non-Reimbursable Medical Expense

Fund: Assistance with some non-

insurance covered costs



Presently serving over 100 families in the Greater Rochester area.



### Make a donation and help us "Make a Difference"



#### **Our Mission Statement**

"We are a non-profit organization made up of individuals with Spina Bifida, their families and other community members who work together to promote the physical, emotional and social wellbeing of all people with Spina Bifida, and all disabilities, through programs, events and services in the Greater Rochester NY region, which provide outreach, education and advocacy."

Celebrating over 40 years in Rochester

Contact Us:

PO Box 3 Fairport, NY 14450

Email: GRSBA.NY@gmail.com

Website: www.GRSBA.org

Phone: (585) 388-7450

Facebook: GreaterRochesterSBA